

$$A\vec{u} = \begin{pmatrix} 1 & 1 \\ 1 & 4+2a \end{pmatrix} \begin{pmatrix} \cos\theta \\ \sin\theta \end{pmatrix} = \begin{pmatrix} \cos\theta + \sin\theta \\ \cos\theta + (4+2a)\sin\theta \end{pmatrix}$$

$$|A\vec{u}|^2 = \cos^2\theta + 2\sin\theta\cos\theta + \sin^2\theta + \cos^2\theta + 2(4+2a)\sin\theta\cos\theta + (1+4a+4a^2)\sin^2\theta = 2 + (2+2a)\sin 2\theta + \frac{2}{a^2}(a+1) \frac{1-\cos 2\theta}{2}$$

$$= 2a^2+2a+2+2(a+1)(\sin 2\theta - 2\cos 2\theta) = 2a^2+2a+2+2(a+1)\sqrt{a^2+1} \left( \sin 2\theta \frac{1}{\sqrt{a^2+1}} - \cos 2\theta \frac{2}{\sqrt{a^2+1}} \right)$$

φ は  $\sin\phi = \frac{2}{\sqrt{a^2+1}}$ ,  $\cos\phi = \frac{1}{\sqrt{a^2+1}}$ ,  $0 < \phi < \frac{\pi}{2}$  を満たす値とす.  $|A\vec{u}|^2 = 2a^2+2a+2+2(a+1)\sqrt{a^2+1} \sin(2\theta - \phi)$

よって  $2a^2+2a+2-2(a+1)\sqrt{a^2+1} \leq |A\vec{u}|^2 \leq 2a^2+2a+2+2(a+1)\sqrt{a^2+1}$  — (1)

5行は  $(6-4\sqrt{2})a^2 \leq |A\vec{u}|^2 \leq 6+4\sqrt{2}$  — (2) とする.

$2 \leq |a| \neq 1$ .  $2a^2+2a+2+2(a+1)\sqrt{a^2+1} \leq 2+2+2+2 \cdot 2\sqrt{2} = 6+4\sqrt{2}$  — (3)

$$a^2+a+1-(a+1)\sqrt{a^2+1} = \left\{ 1+\frac{1}{a}+\frac{1}{a^2} - \left(1+\frac{1}{a}\right)\sqrt{1+\frac{1}{a^2}} \right\} a^2$$

$f(x) = x^2+x+1-(x+1)\sqrt{x^2+1}$  ( $x \geq 1$ ) とする.

$$f'(x) = 2x+1-\sqrt{x^2+1} - (x+1) \frac{1}{2} \frac{2x}{\sqrt{x^2+1}} = \frac{(2x+1)\sqrt{x^2+1} - x^2 - 1 - x^2 - x}{\sqrt{x^2+1}} = \frac{(2x+1)\sqrt{x^2+1} - (2x^2+x+1)}{\sqrt{x^2+1}}$$

$(2x+1)\sqrt{x^2+1} > 0$ ,  $2x^2+x+1 > 0 \neq 1$ .

$$\{(2x+1)\sqrt{x^2+1}\}^2 - (2x^2+x+1)^2 = (4x^2+4x+1)(x^2+1) - (4x^4+x^2+1+4x^3+4x^2+2x)$$

$$= 4x^4+4x^3+4x^2+4x+1 - 4x^4 - 4x^3 - 5x^2 - 2x - 1 = 2x > 0 \neq 1.$$

$f'(x) > 0$ .  $f(x)$  は単調増加.  $f(x)$  は  $x=1$  のとき最小値  $3-2\sqrt{2}$  とす.

よって  $2a^2+2a+2-2(a+1)\sqrt{a^2+1} = 2 \left\{ 1+\frac{1}{a}+\frac{1}{a^2} - \left(1+\frac{1}{a}\right)\sqrt{1+\frac{1}{a^2}} \right\} a^2 \geq (6-4\sqrt{2})a^2$  — (4)

①③④より  $(6-4\sqrt{2})a^2 \leq |A\vec{u}|^2 \leq 6+4\sqrt{2}$  — (5)

②⑤より題意は示された.